

Signposting & Support Services

www.ygam.org

Teacher have access to the secure area of the website, which provides lesson plans and resource material to support the delivery of the YGAM programme.

www.gambleaware.co.uk

GambleAware aims to promote responsibility in gambling. They provide information to help people make informed decisions about their gambling. In addition they help people to find out more about gambling and what responsible gambling means, to understand and recognise problem gambling, and show you where to go for further information, help and support should people need it

www.gamcare.org.uk

GamCare is the UK's leading charity specialising in offering advice and practical help for people affected by gambling-related harm. GamCare also supports a network partner network of organisations, allowing for local treatment or advice for those affected by gambling-related harm. Regional organisations are as follows:

1. ALL OUT

All Out delivers the GamCare service in Cornwall. All Out, which works exclusively with problem gamblers and families, have a network of specialist counsellors.

Tel: 07851 494 927

Website: www.alloutsouth.org.uk

2. APAS (Alcohol Problems Advisory Service)

APAS delivers the GamCare service in Nottinghamshire and the surrounding areas. APAS is an independent provider of services designed to reduce the harm alcohol causes to individuals, families and the communities they live in.

Tel: 0115 8240 550

Website: www.apas.org.uk

3. Aquarius

Aquarius delivers the GamCare service in the Midlands. Aquarius was established in 1977 to provide residential services for people with alcohol problems and now provide a range of counselling and support services.

Birmingham and Solihull surrounding areas Tel: 0300 456 4293

Dudley and surrounding areas Tel: 0300 456 4293

Wolverhampton and surrounding areas Tel: 0300 456 4293

Northampton and surrounding areas Tel: 0300 456 4292

Stoke-on-Trent Tel: 0300 456 4293

Website: www.aquarius.org.uk

4. ARA (Addiction Recovery Agency)

ARA delivers the GamCare service in Gloucestershire, Bristol, Cardiff, Merthyr Tydfil, Newport, North Somerset and Swansea. ARA is a treatment and support services working to reduce the harm caused by substance misuse and gambling addiction, and the consequent damage to individuals, their families and communities.

Tel. 0117 930 0282

Website: www.addictionrecovery.org.uk



If you are concerned about the amount of time or money that you or someone you know is spending gambling, you can call the national GamCare helpline on 0808 8020 133, 8am - midnight, seven days a week.



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5. Beacon Counselling Trust

The Beacon Counselling Trust delivers the GamCare service in Liverpool, Wigan, the North West, Greater Manchester and North Wales. The Beacon Counselling Trust employs fully qualified therapists who have extensive experience working with a wide range of personal and work related problems.

Liverpool, Merseyside and the Wirral Tel: 0151 321 1099

Blackpool Tel: 0125 349 1099

North Wales (Anglesey) Tel: 0140 789 1099

Wigan and Leigh Tel: 0151 321 1099

Greater Manchester Tel: 0161 635 1099

Website: www.BeaconCounsellingTrust.co.uk

6. Breakeven

Breakeven delivers the GamCare service in Kent, Sussex, Essex, Cambridgeshire, Norfolk, Suffolk and Lincolnshire. Breakeven are experienced counsellors who are trained specialists in working with problem gambling.

Tel: 01273 833722

Website: www.breakeven.org.uk

7. The Chinese National Healthy Living Centre

The Chinese National Healthy Living Centre provides a Chinese language service in partnership with GamCare. The Chinese National Healthy Living Centre was founded in 1987 to promote healthy living and reduce health inequalities experienced by disadvantaged Chinese in the UK.

Tel: 020 7534 6546

Website: www.cnhlc.org.uk

8. Cumbria Counselling group

The Cumbria Counselling Group delivers the GamCare service in Cumbria. It was formed in 2008 by five psychotherapists who practise in different parts of the county. The group has experience in counselling clients (and members of their families) for whom gambling has become a problem.

Tel: 01946 820 230

Website: www.thecumbriacounsellinggroup.co.uk

9. Derman

Derman provides a Turkish language service in partnership with GamCare. Derman provides a range of health-related services to Kurdish, Turkish, Turkish Cypriot and Eastern European Turkish people in Hackney.

Tel: 020 7613 5944

Website: www.derman.org.uk

10. IMPACT Alcohol & Addictions Services

IMPACT AAS delivers the GamCare service in Shropshire and Staffordshire. IMPACT AAS is a registered charity that has been delivering a wide range of counselling and other alcohol and addictions related services since 2000.

Tel: 01952 223 165

Website: www.impactaas.co.uk



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11. Krysallis

Krysallis delivers the GamCare service in Harrogate, Bradford, North Lincolnshire and East Yorkshire. Krysallis is a private practice offering coaching, counselling and wellbeing services to individuals, groups and organisations.
Tel: 01423 857939
Website: www.krysallis.org.uk

12. NECA (North East Council on Addictions)

NECA delivers the GamCare service in the North East, as well as York, Leeds, Scarborough and Whitby. Established in 1974, NECA is a registered charity promoting the prevention, recognition and treatment associated to use and misuse of substances including alcohol, drugs and gambling.
Tel: 0191 414 6446
Website: www.neca.co.uk

13. Options

Options delivers the GamCare service in Southampton, Basingstoke, Oxfordshire, Hampshire, Salisbury and Milton Keynes. Options is a professionally accredited counselling service covering alcohol and substance misuse/addiction, as well as gambling for individuals and workplace programmes for businesses.
Tel: 0800 0184 309
Website: www.optionscounselling.co.uk

14. RCA Trust (formerly The Renfrew Council on Alcohol)

The RCA Trust delivers the GamCare service in Scotland. The RCA Trust (formerly The Renfrew Council on Alcohol) was established in 1977 and is one of the major community-based prevention and treatment services in Scotland.
Tel: 0141 887 0880

15. Steven James Counselling

Steven James Counselling delivers the GamCare service in Exeter, North Somerset, Poole and Plymouth. Steven James Counselling offers a general counselling service, as well as specialising in the field of gambling, drug and alcohol problems, eating disorders and blood borne viruses.
Tel: 01202 740 044
Website: www.sjcounselling.co.uk

